

**PRIZE MONEY  
INCENTIVES**

	42,2KM		21,1KM		21,1 KM WALK	
	MEN	LADIES	MEN	LADIES	MEN	LADIES
Open: 1st	R1500	R1500	R800	R800	R300	R300
2nd	R1000	R1000	R600	R600		
3rd	R500	R500	R400	R400		
40-49: 1st	R800	R800	R300	R300	R300	R300
50-59: 1st	R800	R800	R300	R300	R300	R300
60+: 1st	R800	R800	R300	R300	R300	R300
Jnr: 1st	-	-	R300	R300	R300	R300

All participants that complete the marathon in the following times, qualify for cash incentives which are as follows:

	MEN		LADIES	
42,2 km	Sub 2:07:00 R1000	Sub 2:15:00 R500	Sub 2:45:00 R1000	Sub 2:50:00 R500

Incentives will only be paid out to a maximum total of R5000,00.

**Vrydag, 27 Februarie**

Pretloop en Prethardloop 5KM  
(R20)  
Ete en Drink

**Saterdag, 28 Februarie**

Kango Marathon en Halfmarathon 2015  
Big Screen Rugby

PRET VIR DIE HELE GESIN  
Moet Dit Nie Misloop Nie

NAVRAE: 044 203 4177  
082 563 4573



# Infantry School Cango Marathon 2015

**DATE: 28 February 2015**

**TIME: 06:00**

**RACES START AT:**

Marathon - Cango Caves

Half Marathon/Walk - Old Route (Ou Tol)



**MEDALS**

Gold: Category winners.  
Silver: Marathon— First 100  
Half Marathon— First 100.  
Bronze: All athletes finishing before cut-off time.  
Records: Men: 42,2 km - D.P. Wright 02:17:25 (1998)  
Women: 42,2 km - T.S. Du Toit 02:38:03 (2004)  
Men: 21,1 km - B. Beukes 01:04:17 (1992)  
Women: 21,1 km - Z. Xiniwe 01:16:07 (2011)



The race is run in accordance with the rules of ASA and ASWD.

*ASWD 21.1KM RUNNING TRIALS (1)  
ASWD 21.1KM RACE WALKING TRIALS (2)*



# ENTRY FORM

Race NR

Surname: \_\_\_\_\_ Initials: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on 28 February 2015: \_\_\_\_\_

ID Number : \_\_\_\_\_

Age Categories: Jnr: \_\_\_\_\_ Open: \_\_\_\_\_ 40 - 49 : \_\_\_\_\_ 50 - 59: \_\_\_\_\_ 60+: \_\_\_\_\_

Sex:  M  F Race:  21,1km  21,1km walk  42,2km

Number of Cango **Full** Marathons completed: \_\_\_\_\_

T-Shirts: XXL XL L M S

Club: \_\_\_\_\_ 2015 Licence No: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Province: \_\_\_\_\_ Tel No: \_\_\_\_\_

Do you need a temporary number?  YES  NO

Entry Fees: 21,1 km/21,1 km walk = R70,00  
42,2 km = R90,00  
Temporary number = R30,00

	42,2 km	21,1 km/21,1 km walk
Entry Fee		
Temporary Number		
<b>Total amount enclosed</b>		

**INDEMNITY** I agree not to hold the **Military Sport Club, or Infantry School**, or any other sponsors, or any persons assisting in the organization or holding of the race liable for any loss, injury or illness, which I may suffer directly or indirectly as a result of participating in the race, or for any damages to my property or loss of my property which I may suffer directly as a result of participating in the race. I confirm that this special agreement is entered into for the benefit of the **Military Sport Club**, the sponsor and the persons assisting in the organizing and holding of the race.

SIGNATURE

Date

Parent / Guardian (If under 18 years)

# INFORMATION

- Foreigners:** All foreign athletes must comply with IAAF rule 142 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting them to participate on race day.

Entries and Checks/postal orders to:	Banking details: (Please attach deposits slip to entry form)
The Organiser Cango Marathon Postnet suite # 70 Private Bag X680 Oudtshoorn 6620	Bank Name: ABSA Bank Account Nr: 1120410144 Account Name: Infantry School Regimental Fund Oudtshoorn Type of Account: Cheque Account Bank Code: 334314
<b>Internet online entries at : <a href="http://www.chaingangevents.co.za">www.chaingangevents.co.za</a></b>	

- Closing date for pre-entries:** Wednesday, 14 February 2015.
- NO Late entries** will be accepted:
- All participants must collect their race numbers at the Military Base Oudtshoorn Sport ground on Friday, 27 February 2015 between 15:00 and 23:00 or on Saturday 28 February 2014 at the different starting point's between 04:45 and 05:50.
- 5km Fun Run/Walk on Friday, 21 February 2014 at 18:00, from Military Base Oudtshoorn Sport ground. Lots of lucky draws!!!
- Transport for the marathon to the Cango Caves at **04:00 sharp** and half marathon to Ou Tol at **05:00 sharp**, will leave from Infantry School Parade ground.
- OLD ROUTE:** The 21,1 km walk and the 21,1 km starts at 06:00 from the Ou Tol house.
- The 42,2 km starts at 06:00 from the Cango Caves . All races will end at the Military Base Oudtshoorn sport ground.
- Every kilometer the route will be marked.
- Refreshments** every 3 km, last 10 km—every 2nd km.
- 42,2 km cut-off time 11:00 \* 21,1 km cut off time 09:00 \* 21,1 km walk cut off time 10:00
- Price giving at 11:30 at Mil Base Oudtshoorn sport ground.
- T-shirts to the first 50 pre-entries on the Full Marathon, the first 50 on the Half Marathon and the first 50 on the Walk.
- No advertising on clothes. No cyclist or private vehicles will be allowed to follow athletes on the route. No seconding will be allowed, accept for 1m on either side of water stations. All athletes must stay on the right hand side of the road.
- ID Tag Rule** Participants will be eligible for prizes in the **OPEN** category and the age category for which they have entered provided the relevant **OFFICIAL ASWD** age category tag or junior tags is displayed front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (**Red age tag or Orange "W" tag**) .
- Grand Masters doesn't pay an entry fee, but must pay for temporary license.
- Safety Rule** (No animals or prams or earphones)
- First Aid** (Available at start points and along route by Military ambulances.
- Minimum Age** (5km fun run = 9years, 21.1km = 16 years & 42.2km = 20 years)
- Athletes must participate in their correct club colours and display the ASA 2015 OR Temporary license number on the BACK of the vest. The race number must be on the FRONT of the vest.
- Held under the rules of ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The Race Referee's decision is final. The Race Organizer reserve the right to accept / reject any entry received.
- Proof of Age:** Athletes must give proof of their age at the request of the Race Referee. (Original ID / Birth Certificate / Permanent Residence Permit)
- Ablution at the different start points and at the end point (military sports fields).

### The Race Organiser:

Richard Hughes  
Cell phone: 082 563 4573 (office hours)  
hughesrichard2014@gmail.com

### Enquiries:

Haroldene Mostert  
Telephone: (044) 2034177 (office hours)  
Facsimile: (044) 203 4177